

Dear Secretary General  
FOGSI

It was a matter of pride and privilege to work as President of Ghaziabad Obstetrics & Gynaecological society (GOGS) for the year 2016-17. Continuing the tradition, I have now handed over my responsibilities to the new office bearers, starting from April 1<sup>st</sup>, 2017.

## YEAR AT A GLANCE

### ACADEMICS

- Started our tenure by organizing the **National-level Conference of NZY**, which was a grand success.
- Held regular monthly CMEs with eminent national figures. We also organized a talk with the internationally renowned speaker Dr. Fida Mirza
- To ensure maximum participation of GOGS members, panel discussions, quiz competitions, case presentations and round table discussions were held in each of the monthly meetings
- Arranged Poster making competition on GCT. The winning poster was released by Dr. Sucheta Pandit at the annual CME of GOGS
- Annual CME of GOGS was organized in association with **ICOG**. 3 senior faculties of ICOG were amongst our star-studded panel of speakers. Dr PC Mahapatra lauded GOGS' efforts in organizing the CME and compared its efficiency and effectiveness those of a national-level conference
- **National-level** workshop in association with FOGSI was conducted to discuss the **PCPNDT act** with the District Magistrate of Ghaziabad.
- For the first time in the history of GOGS, an outdoor CME was arranged. **Role of metabolism in weight management** along with **Benefits of Yoga** were the key topics of discussion
- In addition, a spiritual CME was conducted towards the end of our tenure. The keynote topic was **aspects of inner growth** by Swamini Tattavidhyananda Saraswati

### SOCIAL AWARENESS EVENTS

- The **GOGS GOES GREEN** initiative was taken up with a view to save the environment. Circulars and invitations were made paperless with the help of digital media
- Plantation drive was conducted on the **World Environment Day-2016**
- On **Mother's Day-2016**, a 3-hour long free BMD test and haemoglobin check-up camp was arranged. 60 patients were investigated during the camp.
- Adolescence awareness camp was organized at LK International School in an interior area of Ghaziabad district to educate adolescent girls about menstrual cycle and personal hygiene
- Cervical cancer detection and colposcopy camp was organized in association with **ISCCP**

- Diabetes awareness sessions along with free blood sugar and lipid profile tests were conducted during the **National GDM Day-2017**
- **NUKKAD NAATAK** was performed by GOGS members at PAC, Govindpuram to spread awareness about the causes and preventive measures of cancer
- Cancer awareness and Colposcopy camp was organized in partnership with **Rotary Club of Ghaziabad Vikas** at district hospital, Ghaziabad

## CULTURAL EVENTS

- Ramp walk was performed at **North Zone Yuva Fogsi Conference Banquet**. The initiative drew significant plaudits from the FOGSI president and, on her request, was repeated at the **GOAL** conference, New Delhi
- Everyone has passions and ambitions. All one needs, is a platform to **TRY IT NOW**. Keeping this mantra in mind, we attempted to bring out the hidden artists from our gynaecologists by organising various competitions during the Teej festival. Members participated with great enthusiasm in events such as Pot Painting, Rangoli Making, Mahendi Art and Folk Dances of India
- Dance drama depicting the tough daily routine of a gynaecologist was performed at the Annual CME banquet. The event venue was decorated by GOGS members themselves and was themed to sing the tune of Valentine's Day

## SPORTS

- Participated in the **IMA Sports Day - 2017** where we secured first position in the Throwball and Tug of War events

## OTHER INITIATIVES

- Under the **Operation Clean Up**, efforts were made to segregate and rearrange old record in order to streamline administrative operations
- We have also been able to secure funds for next year's GOGS and FOGSI membership fee in advance. These funds have been forwarded to the incoming team
- Over and above the membership fee funds, an amount of Rs.3,00,000/- will be added to the fixed deposit account of GOGS

Overall, I enjoyed my stint of working with GOGS along with its parent body, FOGSI.

Thanks,  
 Dr Aruna Agarwal  
 President GOGS (2016-17)



**Team GOGS (2016-17)**



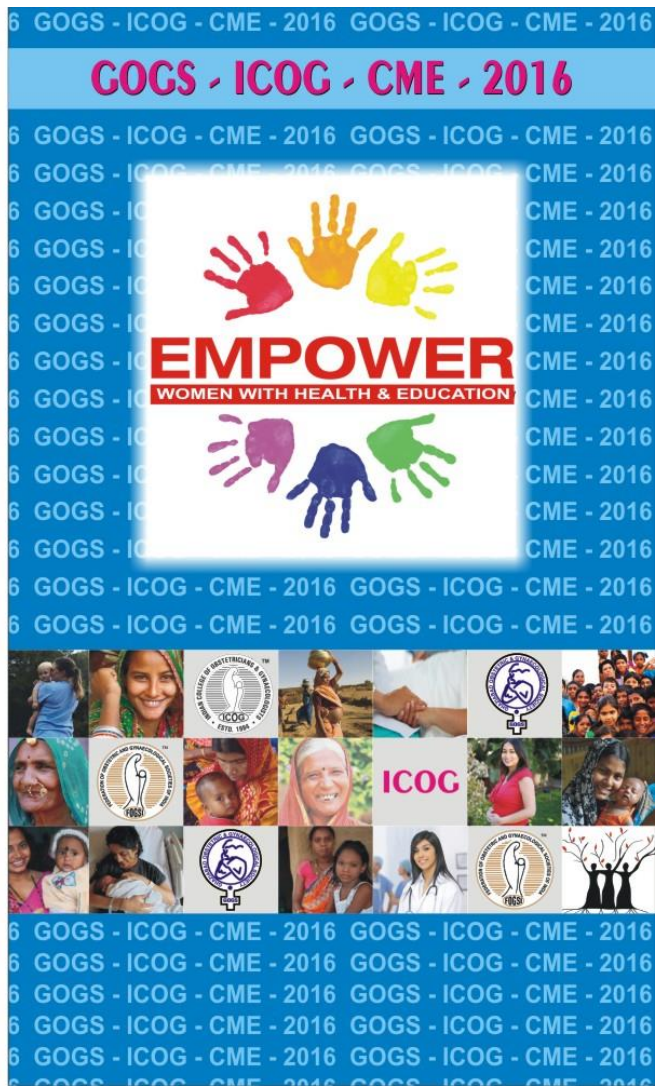
**Taking office for the 2016-17 year**



**National-level conference NZY**



**With international speaker Dr. Fida Mirza**



Annual CME in association with ICOG



Annual CME



Inauguration of Annual CME



## प्रधानमंत्री की सुरक्षित मातृत्व योजना को साकार करेगी गाजियाबाद की महिला रोग विशेषज्ञ



**विशेष संवाददाता**  
**गाजियाबाद।** प्रधानमंत्री नरेन्द्र मोदी की सुरक्षित मातृत्व योजना को साकार करने के लिए रविवार को एएस टी होटल में गाजियाबाद ऑम्ब्रेटिक एवं गार्बिकोलॉजिकल सोसायटी ने सेमिनार का आयोजन किया। इंडियन कॉलेज ऑफ ऑम्ब्रेटिक एवं गार्बिकोलॉजिकल, फैडरेशन ऑफ

### दिल्ली-एनसीआर की महिला रोग विशेषज्ञों की सेमिनार आयोजित

ऑम्ब्रेटिक एवं गार्बिकोलॉजिकल सोसायटी ऑफ इंडिया की देखरेख में यह कार्यक्रम हुआ। आईसीओजी भारत की एक प्रधान संस्था है। यह वर्ष में देश में 16 सीएमई करती है। इस बार

गाजियाबाद में सीएमई का आयोजन किया गया। इसमें गाजियाबाद-एनसीआर व दिल्ली के करीब तीन सौ डॉक्टरों ने भाग लिया। कटक से आए एफओजीएस के पूर्व प्रधान डॉक्टर पीबी महापात्रा,

अहममदाद से डॉक्टर सुषित्रा पंडित, मुंबई से डॉक्टर प्रशांत आचार्य के अलावा एम और जीटीबी के कई वरिष्ठ गार्बिकोलॉजिस्ट ने विभिन्न विषयों पर विचार-विमर्श किया। इस कार्यक्रम में सिरु के विकास व उसके साथ होने वाली समस्याओं पर विचार-विमर्श किया जा रहा है। नर्भवी महिलाओं को उचित व आधुनिक इलाज

प्रदान करना मुख्य उद्देश्य रहा। जीओजीएस के ज्यादा से ज्यादा महिला रोग विशेषज्ञ ने प्रधानमंत्री की इस योजना में भाग लेने के लिए अपने समर्थन दिया। एफओजीएसआई की प्रधान डॉक्टर अलका कुमारी, आईसीओजी की सचिव डॉक्टर एश शाल कुमारी ने इस कार्यक्रम के लिए जीओजीएस

का लगातार पथ प्रदर्शन किया। कार्यक्रम को सफल बनाने में संस्था की चेररमन डॉक्टर सवित्रा नौबल, प्रधान डॉक्टर अरुण अग्रवाल, सचिव डॉक्टर मुन्ना मिश्र, कोषाध्यक्ष डॉक्टर मंजू मित्तल, उपप्रधान डॉक्टर अल्पना कंसल, जसप्रियंका डॉक्टर रिचा गुप्ता, उप कोषाध्यक्ष डॉक्टर पुनुर वैज आदि ने सहयोग दिया।



PCPNDT Workshop



PCPNDT Workshop





**Outdoor CME**



**Yoga Lesson at Outdoor CME**



Ramp Walk at NZY



At GOAL Conference, New Delhi



**Haryanvi Folk Dance**



**Pahadi Folk Dance**



Winner Exhibit, Rangoli Competition



Hall Decoration, Family Dinner - Annual CME



Gynaecologists as robots



IMA Sports Day



**Plantation Drive**



Camp on Mother's Day



Camp in association with ISCCP





Camp in association with Rotary Club (Ghaziabad Vikas)



Nukkad Naatak at PAC



**Cancer Awareness Camp at PAC**



**Diabetes Awareness Camp at PAC**



**Recognition for doing maximum ligations at Hausla Sajhedaari programme of PSI**



**aHanding over responsibilities to the new team**